

Fundamentals of Kayak Touring Course Requirements

- Participant must be 18 or over (or 14 and over and in the company of a parent),
- Willingness to learn, have fun, and get wet,

What to wear:

- A swimsuit; or clothes you don't mind getting wet,
- Water shoes, or shoes that can get wet,
- A hat and sunglasses,
- A towel.

What to bring:

- Sunscreen,
- Drinking water,
- Money for lunch.
- A small, waterproof daypack with other items you may need during the day; be sure that it can be secured to your waist (or your body).