Fundamentals of Kayak Touring Course Requirements

• Participant must be 18 or over (or 14 and over and in the company of a parent),
• Willingness to learn, have fun, and get wet,

What to wear:
• A swimsuit; or clothes you don’t mind getting wet,
• Water shoes, or shoes that can get wet,
• A hat and sunglasses,
• A towel.

What to bring:
• Sunscreen,
• Drinking water,
• Money for lunch.
• A small, waterproof daypack with other items you may need during the day; be sure that it can be secured to your waist (or your body).